SPECIALIZED HOCKEY DEVELOPMENT

With Coach Brendan Marfleet & the Elite Team

U15 - U21

Thursdays

4:00 - 5:00pm

March 30 - May 25

9 Classes | #951 \$441.00 + tax U11 - U13

Fridays

3:45 - 4:45pm

March 31 - May 26

No class April 7

8 Classes | #950 \$392.00 + tax

These high energy classes will be combining proper skating technique with the skills needed for players to succeed in game situations, including:

Stick Handling
Puck Control
Passing Variations

Shooting Variations
Situational Plays
Shooting in Stride

Inside & outside edges Stride technique Open Hips

To Register: eliteskating@sportsplexbc.com | www.elite-skating.ca







Classes are run at the Langley Sportsplex