

JUNE CLASSES

EDGE, POWER & STRIDE

Advanced Skating Development & Edge Control

EPS U9 - U13

at 4:45 - 5:45pm

EPS U15 - U21

at 6:00 - 7:00pm


Thursday: June 15, 22 & 29

Pitt Meadows Arena Complex | 3 Classes | \$180.00 + tax

Get an early start to Summer training with Elite's 3-class EPS June Special running at the Pitt Meadows Arena Complex! The theme of this high energy 3 day class is to develop proper Skating Technique. The focus is on teaching players the theory behind the skills & technique so they can better identify with the power behind the mechanics of edge, power & stride. The outcome: Players will learn to develop an elongated stride, use less energy at top speed and become faster, more efficient players!

Registration by email only: eliteskating@sportsplexbc.com



 eliteskating

 elite.skating



June Classes are run at
**Pitt Meadows Arena
Complex**

Private Lessons | Classes | Team Development