

HIGH LEVEL U18+ DEVELOPMENT

Advanced Skating Technique & Hockey Skill Development

SET 1

Tuesdays & Thursdays

7:45PM - 8:45PM

July 4 - 27

8 Classes | #1029 | \$497.12

SET 2

Tuesdays & Thursdays

7:00PM - 8:00PM

August 1 - 24

8 Classes | #1030 | \$497.12

This is a high paced class designed for competitive, high-level players 16-years & older.

During this program, the Elite Coaches will be combining Elite's Edge, Power & Stride with key aspects of the Specialized Hockey Development program. The concentration will be on core skating fundamentals, adapting edge-work for game-like situations and advanced skill development.

These sessions will maintain a high pace – taking advantage of every second we have on the ice. Elite coaches provide meticulous attention to detail, constant feedback & correction and continually look to improve each individual athlete. Our mission is to develop each player to have them best prepared to excel in-game.

The program is a perfect way for skaters to prepare for their pre-season camps.

To Register: eliteskating@sportsplexbc.com | www.elite-skating.ca

Associated 4-digit barcodes can be referenced to register



eliteskating



elite.skating



**Camps are run at the
Langley Sportsplex**

Prices do not include GST

Private Lessons | Classes | Team Development