SPECIALIZED HOCKEY DEVELOPMENT

With Coach Brendan Marfleet & the Elite Team

SPRING 2024 CLASSES

U15-U21 Thursdays

4:00 - 5:00PM

April 11 - June 13

10 Classes | #1313 \$514.50 + tax U11-U14 Fridays

3:45 - 4:45PM

April 12 - June 14

10 Classes | #1312 \$514.50 + tax

These high energy classes will be combining proper skating technique with the skills needed for players to succeed in game situations, including:

Stick Handling
Puck Control
Passing Variations

Shooting Variations
Situational Plays
Shooting in Stride

Inside & outside edges Stride technique Open Hips

To Register: eliteskating@sportsplexbc.com | www.elite-skating.ca









Classes are run at the Langley Sportsplex